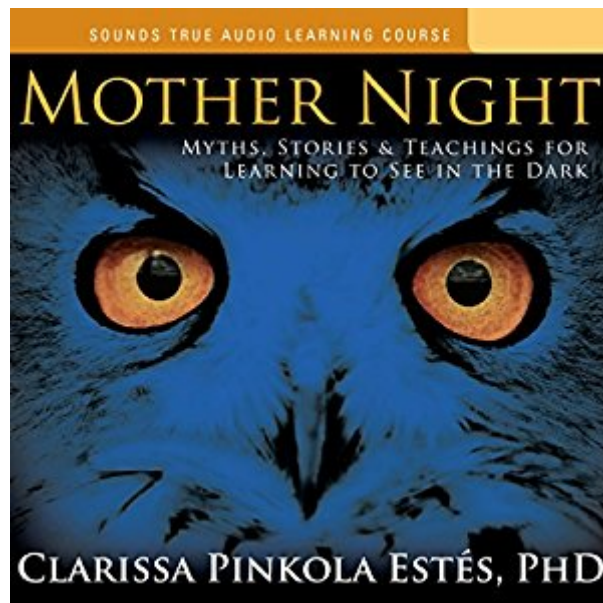




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Mother Night: Myths, Stories And Teachings For Learning To See In The Dark



Synopsis

Where is the memory of who we really are, who sent us here, and what our work is here? And why so often are we feeling unusual, so different, so eccentric, so belonging to a tribe of one? Dr. Clarissa Pinkola Estes, published in 34 languages and one of the most far-reaching artist-psychoanalysts of our time, teaches that in archetypal imagination, "Mother Night is the quintessential medial woman, the woman who can walk in two worlds... 'the one who knows' and who can reveal solid ways of living and unleashing creative life in both worlds."

Book Information

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Customer Reviews

Clarissa Pinkola Estes is a Jungian psychoanalyst and the author of the very popular, *Women Who Run With the Wolves*. As others have said, Dr Estes has one of the loveliest most lyrical voices I've ever heard. It was such a pleasure to listen to the stories and to be privy to her teachings. It felt a bit like sitting with a beloved family member who's passing down a wealth of family culture, history, and stories. After listening to this set, I'll be sure to listen to the others I haven't heard. Many of Dr Estes teachings are from the Latino culture, but she includes mythology, stories from other cultures, quotes, and poetry. The teachings in *Mother Night* are to learn about one's true self - the unconscious self. Being true to oneself by not being completely immersed in the daytime culture, not allowing ourselves to be completely consumed by the culture. Instead, learning more about oneself by using dreams to express one's creative self through art, creative writing - whatever form of creative expression one is comfortable with. She says this is how to tap the true self - the unconscious mind. Learning to see in the dark is actually learning about one's unconscious mind. Dr

Estes also talks about why you might not connect with someone, and how better to appreciate those relationships. It immediately made me think about my mother in law - I'm completely baffled by her - we just don't click at all. I'm very much a "take me at face value person", and for some reason she's learned how to be very manipulative. So I have to assume it's because she's from another tribe, according to Dr Estes. (another planet according to me! LOL) Dr Estes really struck a chord with me when she talked about how important it is to be connected to the earth where ever our soul longs to be.

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